# **Leaving School**

# **Gap Year**

#### **Gap Year information**

www.goodschools.com.au/insights/education-updates/ the-benefits-of-a-gap-year-for-your-child

This site is for parents to find out about the benefits of a Gap Year but has great advice for students as well Topics:

- Take a break from study
- Earn some money
- Consider your future
- Volunteer
- Travel
- Deferring studyHow long can you defer
  - Will deferring affect scholarships and bursa-
  - Do all Tertiary institutions allow deferrals?
- Financial considerations

ries?

Students from regional or remote areas who earn a designated amount of money during a gap year are able to qualify as independent and receive Youth Allowance during their studies. Deferring and working is the only way that many students can qualify for Youth Allowance to support them through their years of study. See the Centrelink website for more information on how you can qualify as independent.

Find more options on how to spend gap year here:

Volunteering organisations

vear13.com.au

# Finding a Job

#### How to write a resume

A comprehensive guide on how to put together a resume. Learn how to use social media to find a job role, network, and gain and succeed at an interview.

www.opencolleges.edu.au/careers/resumes

A simple guide to addressing selection criteria in your job application

https://careers.vic.gov.au/how-to-reply-to-selection-criteria

Great information of finding jobs, applying for jobs, writing a resume, preparing for interviews, volunteering and work experience

youthcentral.vic.gov.au/jobs-and-careers

#### Career Advice

The Seek website has a wide range of topics relating to career advice along with free templates for resumes and cover letters. You can also search for jobs. (Thousands of jobs Australia-wide)

www.seek.com.au/career-advice/career-advice

### Searching for a Job

A comprehensive list of over 30 job-search websites: general and industry-specific jobs and apprenticeships www.aapathways.com.au/Self-Help/Job-Sites

Australian Government job search website. jobsearch.gov.au/for-jobseekers

### **Centrelink**

Helpful information if you are leaving school from the Department Of Human Services website on:

- Payments for students and trainees
- Financial and health support for young people
- Looking for Work
- Work Experience
- Deciding what's next

www.humanservices.gov.au/individuals/subjects/leaving-school

Youtube clip explaining your eligibility for Centrelink Youth Allowance

www.youtube.com/watch?v=4zpLQ8z\_U20

Detailed information about eligibility and applying for Youth Allowance

www.humanservices.gov.au/individuals/services/centre-link/youth-allowance

Like 'Student Update' on Facebook and get all the important information and reminders relating to Centrelink

www.facebook.com/StudentUpdate

Applying for a Health Care Card

Students who qualify as 'independent' may be eligible for a Commonwealth Government Health Care Card which may reduce the cost of some study courses and provide a range of financial concessions.

www.humanservices.gov.au/individuals/services/centre-link/low-income-health-care-card/how-claim

Find your nearest Centrelink or Department of Human Services office here:

https://findus.humanservices.gov.au/findnearest.asp

# **Further study**

Victorian Skills Gateway—a State Government site with extensive information about:

- Pre-apprenticeships
- Apprenticeships and traineeships
- Choosing a training provider
- Jobs and Careers
- Fees, funding and financial support
- Funding eligibility
- Pathways
- TAFEs and other public providers
- etc

skills.vic.gov.au/victorianskillsgateway/Students/Pages/default.aspx

Young people making the transition from year 12. Search for information on:

- Education providers
- Employers
- Gap year programs
- Industries

year13.com.au

Australia's directory of training.
Includes a helpful section on starting a career

myskills.gov.au

Victorian Tertiary Admissions Centre.
Everything you need to know about applying to study in Victoria

vtac.edu.au

 $Information\ about\ apprentices hips.$ 

australianapprenticeships.gov.au



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## Where to Find Help

### Kids Help Line: 1800 55 1800 - Anytime. Any Reason

24/7 phone line for kids, teens young adults, parents and schools kidshelpline.com.au

### Health and Well-being

Headspace – online & telephone support eheadspace.org.au

Beyond Blue – Youth Specific Support (anxiety & depression)

youthbeyondblue.com

Reach Out - online Mental Health Support au.reachout.com

Youth Support & Advocacy – Alcohol and Other Drugs Resource

ysas.org.au

YoDAA - Youth Drug and Alcohol Advice Service yodaa.org.au

#### **Ambulance Cover**

If you cease to be a dependent child and are not receiving Centrelink benefits, you may no longer be covered by your parent's Ambulance cover. Check your eligibility:

www.ambulance.vic.gov.au/membership/av-membership-faq/

### **Staying Safe on Online**

Potential employers may be able to view your social media accounts - be careful what you post and monitor your security settings

www.staysmartonline.gov.au

#### Medicare

You can apply for your own Medicare card (separate from your family's card) once you turn 15.

humanservices.gov.au/individuals/services/medicare/ medicare-card/enrol/how-get-your-own-medicarecard-15-years-old

#### **Directory Resources:**

WSMLLEN Youth Services Directory Local support in the Wimmera region

llen.com.au/directory

Uniting Wimmera Detailed Services Directory unitingwimmera.org.au/images/WUC Services Directory JULY 2017 UPDATE.pdf

Wimmera Primary Care Partnership – Directory of Counselling Services in the Wimmera

http://wimmerapcp.org.au/directory-of-counselling-services-therapists-wimmera-updated-april-2019/ Youth Central (Victorian Government Website)

youthcentral.vic.gov.au

No Wrong Door – online youth service directory www.nowrongdoor.com.au

Ask Izzy – Extensive services directory, search by location Australia-wide

askizzy.org.au

### Moving out of home

Tips for moving out of home - Better Health Channel betterhealth.vic.gov.au/health/healthyliving/moving-out-of-home-tips-for-young-people

**Raising Expectations** 

A wealth of information to assit young people in outof-home care to navigate pathways to vocational and higher education

https://www.raisingexpectations.com.au/

### Register to Vote

Voting at state and federal elections is compulsory in Australia. You can enrol to vote when you are 16 or 17 years of age. You are eligible to vote when you turn 18. If you move away from home you can change your address online to vote in the electorate in which you live.

www.aec.gov.au/enrol/

### **Careers Information**

Skills and Job Centre - Fed Uni TAFE Horsham Didn't get the ATAR score you were hoping for and don't know what to do now? There may be alternative pathways. Free career and training advice with local knowledge for the local community.

https://federation.edu.au/schools/federation-tafe/skills-and-jobs-centre

Job Outlook - Australian Government site -A great place to start searching for career information joboutlook.gov.au

Good for all careers related research — Requires sign in.

myfuture.edu.au

Information about 400 jobs & lots more. www.goodcareersquide.com.au

Video based careers information & a quiz. alife.net.au

Links your interests to available courses.

coursecamel.com
Click on Career Profiles.

youthcentral.vic.gov.au/jobs-and-careers

Hundreds of videos about getting a trade or skill www.skillsone.com.au

Click on Career Information, then Job Outlook. jobsearch.gov.au

Thousands of job advertisements as well as career advice and course information.

careerone.com.au/career-advice

#### Career/Job Specific Websites

- Plumbing <u>plumbingcareer.com.au</u>
- Engineering engineersaustralia.org.au
   Click on 'What is Engineering' for careers info. https://engineersaustralia.org.au/For-Students-And-Educators/Engineering-Careers/ What-Is-Engineering
- Defence Force <u>defencejobs.gov.au</u>
- Electrotechnology e-oz.com.au
- Police Force Careers Information https://www.police.vic.gov.au/careers
- Health & Community Services <u>carecareers.com.</u>
   <u>au</u>



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