

## Who can be a Mentor?

### We need volunteers who are:

- ✓ over the age of 18
- ✓ have a genuine concern or interest in young people
- ✓ want to make a difference in a young person's life
- ✓ are able to spend one hour a fortnight with a young person for one year
- ✓ already have or are able to obtain a Working With Children check

## How to get involved

### Find out more by:

- ✓ Visiting the Wimmera Southern Mallee LLEN Website
- ✓ Contacting the MATES coordinator at the Wimmera Southern Mallee LLEN office
- ✓ Attending a MATES Mentoring information night

### If you decide that you want to be a part of the MATES Mentoring Program you can then:

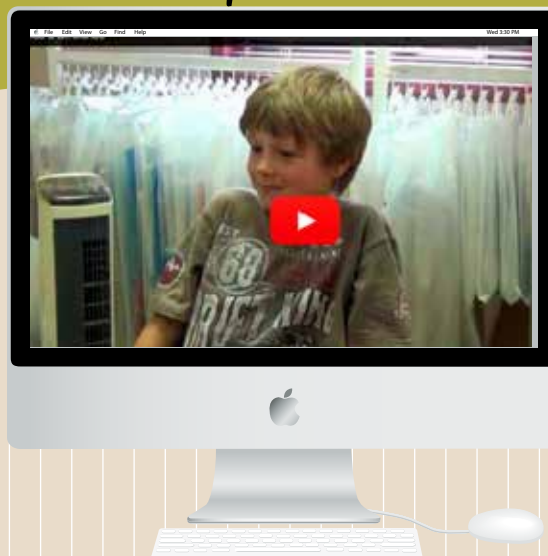
- ✓ Fill out a registration form
- ✓ Attend a training session
- ✓ Be matched with a mentee

*...and start making a difference in a young person's life ✓*

Hear what young people say  
about having a mentor  
Watch this video clip at

[www.llen.com.au/mates](http://www.llen.com.au/mates)

*Heart warming!  
Inspiring!*



The MATES Mentoring Program was developed by Wimmera Southern Mallee LLEN and is operating in schools across the region.

WIMMERA  
SOUTHERN  
MALLEE  
LLEN



MATES Mentoring Program  
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mentoring program  
**mates**  
mentor assist target engage skills  
**24 hours**  
to  
**change**  
a  
**life...**



**Mentors** **MAKE**  
*a difference*

# MENTORS

## What Mentees say...

A survey of students participating in MATES found:

93% feel more confident

70% say their behaviour is better

79% have a better attitude towards school

87% feel better about themselves

61% go to school more often



The MATES Mentoring Program provides positive role models who mentor, assist, target, engage and enhance the skills and life experiences of young people.

MATES matches students (Mentees) in school with a volunteer (Mentor) from the local community.

Mentors and mentees catch up for one hour, once a fortnight for one year.

*MATES is a great way to volunteer in the community.*

## What Mentors say...

I look forward to seeing my mentee every fortnight, our time together is very relaxing.

The experience I got out of it was positive and I would do it again. It's not very time consuming and it was very flexible.

I have found the program very rewarding and always have a smile when I meet with my mentee.

I am really enjoying my mentoring experience.

It's a great opportunity to give back to the community and to make a small difference.

An important link between generations.

I would recommend it to everyone!!!



*1 hour a fortnight = 24 hours in a year*

*That's all it takes to make a big difference in a young person's life.*