

September 2018

Creating partnerships between industry, education and the community that develop positive futures for young people



In this Issue...

Pick My Project

Voting for Pick my Project closes Monday 17th September.



Make your vote count
PICK OUR Community PROJECT

[Read More](#)

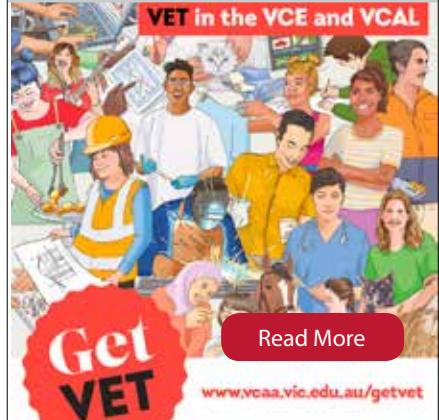
Fed Uni TAFE, Horsham Campus

AGED CARE AND NURSING INFORMATION EVENING



[Read More](#)

Get VET



Get VET

www.vcaa.vic.edu.au/getvet

MATES Mentor Training Schedule

Full Day Training - 9th October

or

Three consecutive Monday evenings

5.30 pm - 7.00 pm

22nd & 29th October & 5th November

mates

[Read More](#)

Somers Camp



[Read More](#)

Engage - Media Training



Learn How To Talk On The Radio

[Read More](#)

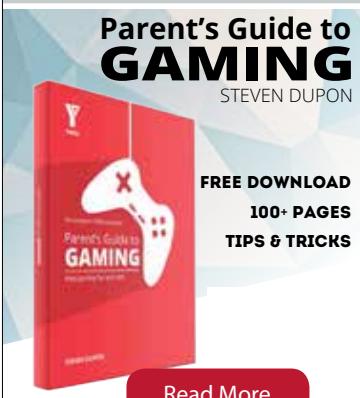
Mind the Step - Support for Carers



A three-part workshop for those wishing to maintain a healthy mind while supporting someone.

[Read More](#)

Free Download



[Read More](#)

Gaming Addiction

Support for young people and their families affected by addiction to gaming.

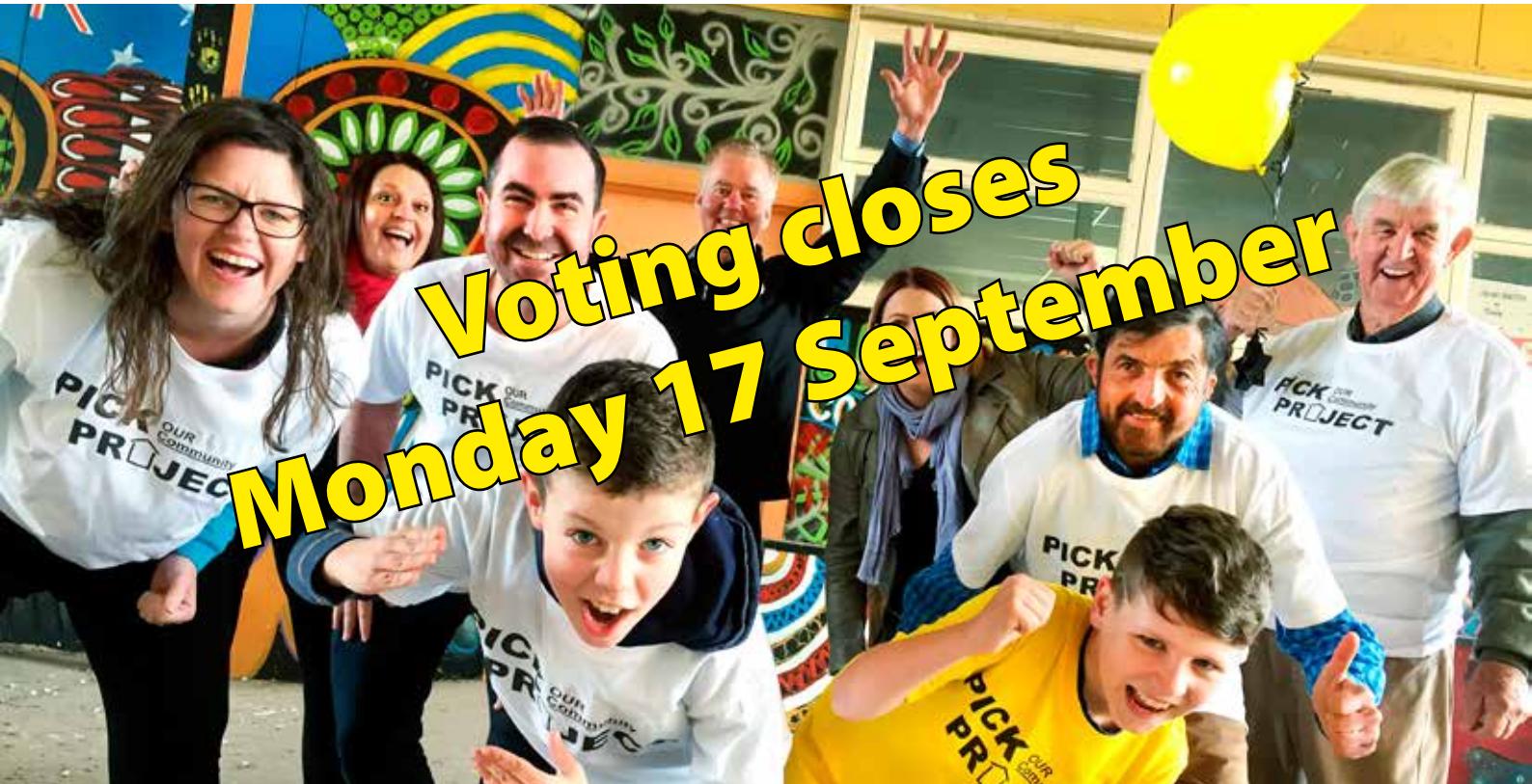


PARENT PRESENTATIONS & PROFESSIONAL DEVELOPMENT
for parents, teachers and professionals

[Read More](#)

PICK OUR Community PROJECT 'The Hive'

Horsham Community Engagement Shed



We need your vote to turn an old derelict school building into a 'hive' of activity for all members of the community.

Vote for our project on the Pick My Project website: pickmyproject.vic.gov.au.

Voting will open at 9am on Monday 13 August 2018 and will close at 5pm on Monday 17 September 2018.

To vote you will need to:

- Be a Victorian resident
- Be aged 16 and over
- Register for an account on the Pick My Project website
- Have an active email address
- Have a mobile phone number
- Provide a street address and postcode



PICK OUR Community PROJECT

'The Hive'

To Vote you will need to be:

-  Victorian resident aged 16 and over
-  Register for Pick My Project
-  Verify your mobile number

Follow these steps to vote:

-  Go to the Pick My Project Website
<https://pickmyproject.vic.gov.au/>
-  Register with Facebook, Google or your email account
-  Confirm your registration using the message sent to your email address
-  Log in to your Pick My Project account
-  Browse and sort list your 3 favourite projects in your local region
-  Make sure that "The Hive" is one of your 3 favourites
-  Click on the 'Vote Now' button
-  Enter the 4 digit code which will be sent to your mobile phone
-  Click 'Submit.'

Make your vote count
for your community

Find out how you can prepare for a career in aged care or nursing at FedUni TAFE's information night.

DATE	Tuesday, 18 September, 2018
TIME	6.00pm - 7.30pm
LOCATION	Auditorium, Building C Horsham Campus Baillie Street, Horsham
INFORMATION	Find out about courses and careers in enrolled nursing and aged care.



Study in Horsham for a career in nursing or aged care.

Our programs allow students to focus on both the theoretical and practical components of study and include industry placements.

Attend the information session to find out more about study options commencing in 2019.

We provide students with access to leading educators, technology and resources. Our teaching spaces include simulated hospital wards, plus extensive clinical placement programs allowing students to learn in the same places they will eventually work.

A nursing or individual support qualification opens up a tremendous range of rewarding career opportunities. Graduates are highly sought-after for their capacity to deliver high quality patient centred, and evidence based care directed toward improving patient outcomes and are prepared for a career in a variety of health care settings.

Study with us at Federation University Australia and you'll gain more than a recognised qualification. You'll also have the opportunity to make a real difference to your community.

For further information, please contact:

Janet Lancaster

t. 5362 2688

e. j.lancaster@federation.edu.au



Get VET

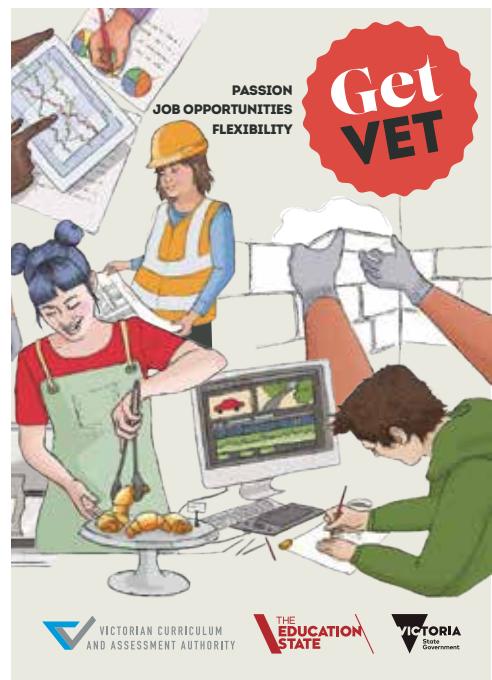
The Victorian Curriculum and Assessment Authority have launched Get VET, an exciting new resource that will support teachers and LLNs in helping students to get the most out of their VCE or VCAL by allowing students to explore the wide-range of opportunities and advantages that VET offers.

Get VET is now available online. In the coming weeks, the Get VET publication will be distributed to all Victorian secondary schools in sufficient quantities for all Year 9 students. Get VET will not be an annual publication, although updates will be made regularly to the online version. The publication is 40 colourful pages, filled with bite-size pieces of information, info-graphics, illustrations and photos that will engage, inform and inspire students and their parents and guardians.

Students will learn that in addition to gaining a nationally recognised qualification and contribution toward their VCE or VCAL, VET can offer unique opportunities to improve their skills, knowledge, employment opportunities, financial outcomes and education pathway. The resources also include a collection of inspiring success stories from VET students working and training in a wide-range of industries throughout Victoria.

Download the booklet at:

<https://www.vcaa.vic.edu.au/Documents/vet/GetVET/GETVET.pdf>



AGRICULTURE

'I chose VET because it gave me a chance to undertake a traineeship in a field that I loved.'

- Dustin, Stock Agent, Farmer, Shearer

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

ELECTRICAL INDUSTRY

'VET constantly provided opportunities for me to expand my career pathway while building my confidence, challenging my abilities and creating new friendships.'

- Emily, Electrical Apprentice

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

HAIR AND BEAUTY

'VET gave me the opportunity to attend school at the same time as giving me the opportunity to begin my dream career.'

- Kiralee, Salon Owner

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

ENGINEERING

See the difference Vocational Education and Training (VET) can make to your VCE or VCAL.

Ringside Secondary College Ringwood Training

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

HOSPITALITY

'Completing my VET courses while at school has reduced the time required to complete my apprenticeship and gave me an understanding of what was involved in becoming a chef.'

- Harrison, Apprentice Chef

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

AUTOMOTIVE

'VET allowed me to develop industry skills and get a lot of good experience.'

- Mason, Automotive Apprentice

Get VET

www.vcaa.vic.edu.au/getvet

Victorian Curriculum AND ASSESSMENT AUTHORITY

VICTORIA State Government

Visit the Website

<https://www.vcaa.vic.edu.au/Pages/vet/getvet/index.aspx>

Youth Mentor Training Schedule

Wimmera Southern Mallee LLLEN (WSMLLEN) are pleased to be working to provide our community with free quality training in Youth Mentoring to support the MATES Mentoring Program and Connecting the Service Puzzle crime diversion initiative.

Youth Mentors provide our Young People with positive role models who mentor, assist, target, engage and enhance the skills and life experiences of young people.

Further information or to arrange alternative training please contact:

Mary Bysouth
MATES Mentoring Coordinator
Wimmera Southern Mallee LLLEN
Mallee Building, Federation University
289 Baillie Street, HORSHAM
Tel: (03) 5381 0122
mary.bysouth@llen.com.au
<https://www.facebook.com/MATESMentoring>

mates
mentor assist target engage skills



BOOKING INFORMATION:

To register, please call WSMLLEN on
(03) 5381 0122, email mary.bysouth@llen.com.au

INFORMATION SESSIONS – 2018

Information sessions guide potential mentors through the commitment, expectations, mentee profiles, training, benefits and policies.

Information sessions run 'live' on Facebook and are pre-announced. Potential mentors can obtain the necessary information by engaging with the live sessions, visiting WWW.llen.com.ay/mates, or by contacting Wimmera Southern Mallee LLLEN.

TRAINING – 2018 Full Day

Mentors can attend 1 full day training event to complete all 3 key session topics. The full day sessions run from 9:30am – 4:00pm

Date Tuesday 9th October

*Alternative full day session times are also offered to group (corporate or community) with more than 4 representatives. Dates and times are negotiable.

TRAINING – 2018 Evening Series

Mentors have an after-hours option and can attend 3 consecutive Monday evenings from 5:30pm – 7:30pm

Series 22nd Oct / 29th Oct / 5th Nov

BE DEADLY

CAMP @ SOMERS



OCTOBER

19-21 YEAR 7 & 8

A FREE WEEKEND OF
FUN, FRIENDSHIP &
CREATIVITY



CNR OF LORD SOMERS RD
AND PARKLANDS AVE,
SOMERS VIC 3927

To sign up please
click link below



<https://www.lscph.org.au/programs/be-deadly-2>



Lord Somers Camp
and Power House

For any enquiries email [✉](mailto:pc.bedeckly@lordsomerscamp.org.au)
pc.bedeckly@lordsomerscamp.org.au
or call Isaac Young on [📞](tel:0432350705) 0432 350 705

Lord Somers Camp and Power House (LSC&PH) are partnering with Be Deadly to invite Indigenous students who are in years 7 and 8 from public and private schools across Victoria to attend our weekend program 'Be Deadly @ Somers'.

'Be Deadly @ Somers' is an opportunity to support young Indigenous people in the development of cultural identity, confidence and leadership. It provides a great chance for these students to be involved in positive two way community engagement, develop a peer support network along with new friendships and to enhance self-confidence and resilience.

Wimmera Southern Mallee LLEN
PO Box 841 Horsham
www.llen.com.au

Dates: Friday 19 – Sunday 21 October 2018

Where: Camp will kick off at our Power House office in Albert Park & will run out of our campsite in Somers on the Mornington Peninsula

Cost: Be Deadly @ Somers is free for program participants

Be Deadly members and volunteers of LSC&PH across all age groups are involved in the development and implementation of the program.

For more information and to apply go to:

<https://www.lscph.org.au/programs/be-deadly-2>



Yarriambiack Shire Council and Nexus Horsham present,
Youth Media Training 12-25



Learn How To Talk On The Radio

Yarriambiack Shire Council, Nexus Horsham and SYN Media Presents 2 days of Media Training; 25th and 26th of September, 9-4pm, Nexus Building, 16 Pynsent St, Horsham

Training Topics Include

- Presentation Skills,
- Microphone Skills,
- Radio Structure,
- Touch on Media Law etc,
- Start a Radio Program



Spots are limited, Applications Close September 19th.

For more information contact

Murray 53980106 or mmckenzie@yarriambiack.vic.gov.au

Jodie 53587400 or jodie.M@Grampianscommunityhealth.org.au



**DO YOU CARE FOR
A FAMILY MEMBER?**

**ARE YOU FEELING
PRESSURED?**

**IS YOUR MENTAL
HEALTH AND
WELLBEING AFFECTED?**

**IS THIS IMPACTING
YOUR MOOD AND
ENERGY LEVELS?**

**IS IT TIME FOR
A CHANGE?**

LET'S TALK

phn
WESTERN VICTORIA

An Australian Government Initiative



**Carers
Australia VIC**

**TO REGAIN LIFE
BALANCE TAKE
THIS STEP...**



**MIND
the STEP**

Carers Victoria and Western Victoria Primary Health Network are hosting 'Mind the Step' a three-part workshop for those who are looking to maintain a healthy mind while supporting someone.

**REGISTER YOUR INTEREST
AND FIND OUT MORE BY VISITING
www.carersvictoria.org.au/mindthestep
or call Cornelius on (03) 9396 9585**

Please let us know if you need support to attend.

'MIND THE STEP' A THREE-PART WORKSHOP

For those who are looking to maintain a healthy mind while caring for someone
Come along and:

- Learn how to feel better about yourself and your future
- Create more balance in your life
- Explore options and regain control over your choices
- Connect with local people
- Light meal included

Horsham, Geelong and Warrnambool

Tuesday Evening Group

5.00pm - 8.00pm on 2, 9 and 16 October 2018

Wednesday Daytime Group

10.00am - 1.00pm on 3, 10 and 17 October 2018

Ballarat

Wednesday Evening Group

5.00pm - 8.00pm on 24, 31 October and 7 November 2018

Thursday Daytime Group

10.00am - 1.00pm on 25 October and 1, 8 November 2018

Register your interest and find out more by visiting
www.carersvictoria.org.au/mindthestep or call
Cornelius on (03) 9396 9585

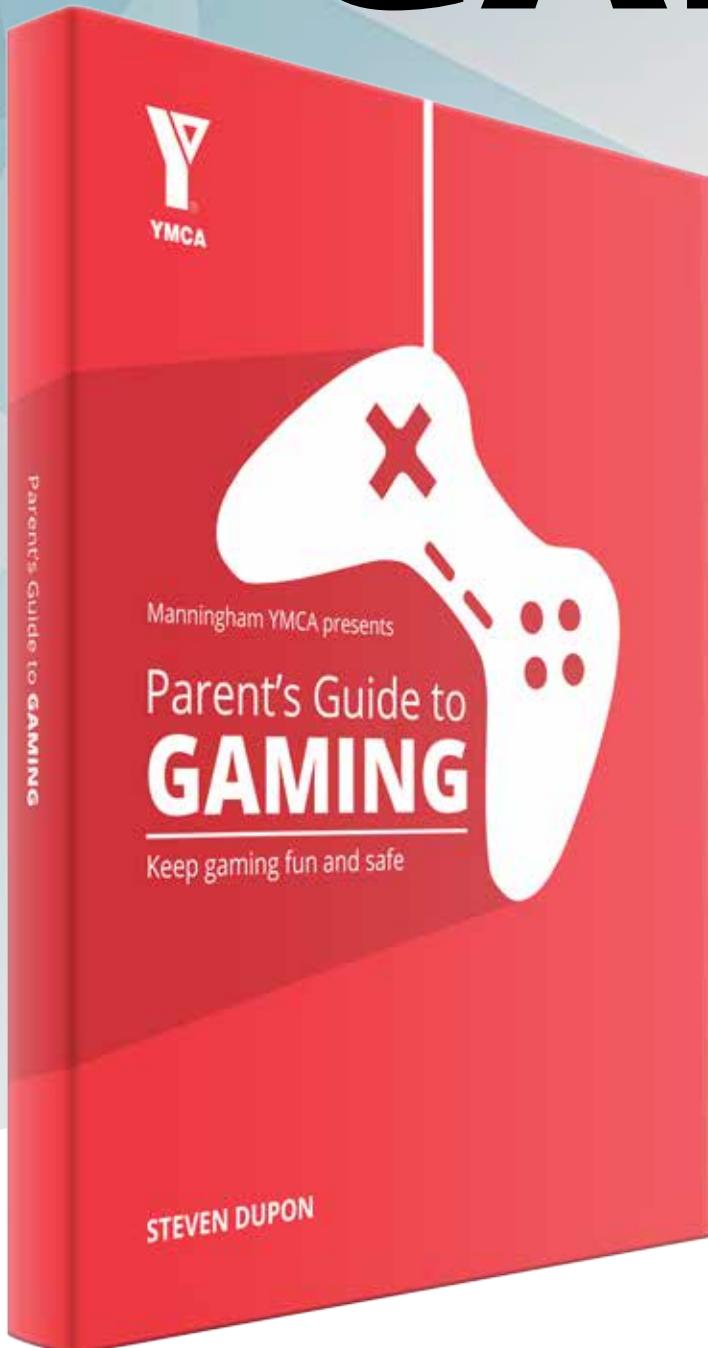


**MIND
the STEP**

Mannington YMCA & Institute of Games present

Parent's Guide to **GAMING**

STEVEN DUPON



FREE DOWNLOAD
100+ PAGES
TIPS & TRICKS

“

The Parent's Guide to Gaming has relieved a lot of worry and stress about gaming in our home.

”

Get your free copy at

www.InstituteOfGames.com

WWW.INSTITUTE OF GAMES.COM



INSTITUTE OF GAMES



PARENT PRESENTATIONS & PROFESSIONAL DEVELOPMENT

for parents, teachers and professionals

**97% of teenagers play video games.
Boys play on average 2.5 hrs per day!
9% of gamers are a problem gamers.**

Gaming is the most popular form of entertainment of today and it's having a big impact on our children, both in positive and negative ways.

For many families video games are a source of stress and conflict. How do we support and resource these families to make sure gaming stays fun, positive and safe!

Steven Dupon, Director of the Institute of Games delivers workshops and training sessions to professionals and parents about gaming and their impact on families. Steven gives a balanced view outlining both the opportunities and the risks.

The Institute of games gives you an in-depth understanding of the impact of video games and how to keep children safe within games.

Our workshops provide insight into:

- Excessive gaming and addiction
- Violence and inappropriate content
- Gambling in games
- Cybersafety issues
- The benefits and opportunities of gaming

You will learn to

- Support young people with gaming issues
- Manage gaming behaviours
- Use gaming as a positive tool
- Identify gaming disorders

About Steven Dupon

Steven Dupon is the Founder of The Institute of Games. He has over 20 years of experience working with young people and specialises in the impact of technology.

Steven is the author of The Parent's Guide to Gaming, The Gaming Manual. He works with gamers and their families to find a better balance between gaming and real life responsibilities.

CONTACT STEVEN FOR BOOKINGS AND ENQUIRIES

Steven@InstituteOfGames.com

WWW.INSTITUTE OF GAMES.COM



Contributions to News You Can Use

Anyone wishing to contribute news or information about events, is welcome to submit articles for inclusion in the WSMLEN Newsletter. Articles can be forwarded to info@llen.com.au

WSMLLEN reserves the right not to include items deemed to be incompatible with the purpose of the LLEN.

WSMLLEN Staff



Tim Shaw
Executive Officer
Let's Read Program
eo@llen.com.au



Melissa Powell
Project Officer
Structured Workplace
Learning
WSM VET Cluster
Coordinator
projects@llen.com.au



Lorraine Merton
Administration Officer
Reading Buddies
Program
Community Action
Networks
info@llen.com.au



Vanessa O'Loughlin
Project Officer
vanessa.oloughlin@llen.com.au



Mary Bysouth
Project Officer
MATES Mentoring
(Mondays & Tuesdays)
mary.bysouth@llen.com.au



Angela Watson
Finance Officer
angela.watson@llen.com.au



Annie Mintern
Careers Expo Project
Officer



Sam Flaherty
Project Officer
MATES Mentoring
Structured Workplace
Learning
sam.flaherty@llen.com.au



Wimmera Southern Mallee LLEN is a recognised Gold Skilled Workplace with 100% of our current staff having completed the Youth Mental Health first aid training. We highly recommend YMHFA training for everyone who works with young people.

To find out more about being a skilled MHFA workplace, or to apply for recognition for your organisation, go the Mental Health First Aid website:

<https://mhfa.com.au/cms/mental-health-first-aid-skilled-workplace-initiative>

The Wimmera Southern Mallee LLEN Newsletter is sent electronically to over 300 people across the region.