

News you can use

February 2018

Creating partnerships between industry, education and the community that develop positive futures for young people



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Jumpstart

Students at Horsham Primary school have been excited about their Garden Club at Rasmussen Campus. The before and after photos are evidence of the great work by the students.

After the holiday break, they returned to find a thriving garden and have been harvesting all sorts of good foods including tomatoes, cucumbers, potatoes, basil, strawberries, and silver beet.

With Rae Talbot's (WCMA) expertise the children are learning about bush tucker plants and care as well as exploring the orchard. The children are becoming adept at trying healthy new foods and are incredibly proud of all their hard work.

We thank our partners, Wimmera Catchment Management Authority and Bunnings Horsham, who have provided plenty of great ideas for us to use including worm farming!

Thanks to the Horsham Apex Group, the bush tucker and orchard areas have been covered in Northern Grampians stone providing a good looking and hardy mulch protection against the heat.

Garden Club is one of six elements to the Jumpstart program which aims to improve oral language development, gross and fine motor skills, literacy development and socials skills and social connection.



Wimmera Southern Mallee LLEN PO Box 841 Horsham www.llen.com.au



MATES - extended training

MATES Mentoring is adding another dimension to the program with additional training and an impetus to provide even greater levels of support for young people in our community. Wimmera Southern Mallee LLEN is one of a number of partners working together under the 'Connecting the Service Puzzle' initiative, which is funded by the Victorian Government's Community Crime Prevention Program. Wimmera Southern Mallee LLEN facilitates the mentorship component of the program. Anyone who is interested in becoming a mentor and supporting young people in our community is invited to learn more at an information Session. See the schedule below.

Youth Mentor Training Schedule

Wimmera Southern Mallee LLEN (WSMLLEN) are pleased to be working to provide our community with free quality training in Youth Mentoring to support the MATES Mentoring Program and Connecting the Service Puzzle crime diversion initiative.

Youth Mentors provide our Young People with positive role models who mentor, assist, target, engage and enhance the skills and life experiences of young people.

Further information or to arrange alternative training please contact:

Mary Bysouth MATES Mentoring Coordinator Wimmera Southern Mallee LLEN Mallee Building, Federation University 289 Baillie Street, HORSHAM Tel: (03) 5381 0122

mary.bysouth@llen.com.au https://www.facebook.com/MATESMentoring







Wimmera Southern Mallee LLEN PO Box 841 Horsham www.llen.com.au

BOOKING INFORMATION:

To register, please call WSMLLEN on

(03) 5381 0122, email mary.bysouth@llen.com.au

or follow the link for online bookings -

http://wsmllen.eventbrite.com/

INFORMATION SESSIONS – 2018

Information sessions run for approximately 1 hour. Participants will be guided through the commitment, expectations, mentee profiles, training, benefits and policies.

Evening Dates	Wednesday 14th March @ 5:30pm Wednesday 4th April @ 5:30pm
	Wednesday 2nd & 30th May @ 5:30pm
Day Dates	Wednesday 21st February @ 12:30pm
	Wednesday 7th & 28th March @ 12:30pm
	Wednesday 18th April @ 12:30pm
	Wednesday 23rd May @ 12:30pm

TRAINING – 2018 Evening Series

Attend 3 consecutive Monday evenings from 5:30pm – 7:30pm

Series 19th February / 26th February / 5th March 16th April / 23rd April / 30th April 14th May / 21st May / 28th May

TRAINING – 2018 Morning Series

Attend 3 consecutive weekday mornings from 9:30am - 11:30am

Series Wed 28th February / Thurs 1st March / Fri 2nd March Wed 21st March / Thurs 22nd March / Fri 23rd March Wed 11th April / Thurs 12th April / Fri 13th April Wed 9th May / Thurs 10th May / Fri 11th May

TRAINING – 2018 Full Day

Attend 1 full day event to complete all 3 key session topics. The full day sessions run from 9:30am – 4:00pm

Dates

Wednesday 28th February Wednesday 21st March Wednesday 11th April Wednesday 9th May

VCAL Student Receives Award



A former Horsham College student has been recognised for his outstanding efforts during his final year of school. Eden Hahne-Hawker has received an engagement award for his work in the College's satellite VCAL program. Read the full article in <u>The Wimmera Mail Times</u>

Horsham councillor Josh Koenig and Horsham College Satellite VCAL co-ordinator Sue Radford with award winner Eden Hahne-Hawker. Picture: Wimmera Mail Times

VET enrolments and courses

A new intake of students commenced Vocational Education and Training (VET) courses in Horsham on 7 February. Students from schools in the Wimmera Southern Mallee (WSM) VET cluster travel from as far as Edenhope, Kaniva, Hopetoun and Balmoral to attend their VET course one day a week.

Thirteen courses are being delivered in 2018 with 182 students enrolling in their first year and 118 continuing to do a second year VET course.

VET courses contribute to secondary students' VCE or VCAL and provide a more hands-on approach to learning.

Students who undertake a VET course have the opportunity to finish their secondary schooling with a nationally recognised qualification in addition to their VCAL or VCE Certificate.

Wimmera Southern Mallee LLEN coordinates the WSM VET Cluster. This coordination involves liaison with schools, liaison with Registered Training Organisations to deliver courses, managing enrolments and coordinating public transport across the region to ensure that students can access their courses.

The average enrolment for VET courses since 2010 has been 318 students per year.



*Enrolment data is based on the number of students who enrolled at the commencement of the school year and does not take into account, the number of students who withdrew or did not complete the course.

Reading can boost a child's IQ

After looking at eight different studies of childhood development, researchers recently concluded that 'reading to a child in an interactive style raises his or her IQ by over 6 points.'

The findings were revealed in Perspectives on Psychological Science , in an article entitled 'How to Make a Young Child Smarter: Evidence From the Database of Raising Intelligence.'

The research paper states,

'The following three interventions (non-dietary) were highlighted for raising the intelligence of young children: enrolling children in intense early childhood educational programs, reading to children in an interactive manner (was concluded to raise the IQ by over 3 points - the earlier the interactive reading takes place, the larger the benefits), and sending the young child to preschool.

Check out our LLEN video clip:

https://t.co/4oupixJ27p

Community Action Network (CAN) Meeting Dates

Community Action Network meetings for term 1 will be held as per the table below. CAN meetings are a great way to connect with schools and network with other agencies working in the child/youth sector. Anyone with an interest in supporting young people within our local communities is welcome to attend these meetings.

The dates below were correct at the time of publication. Occasionally, meeting dates need to be changed. Any changes to CAN meeting dates are posted on the WSMLLEN website at: <u>http://www.llen.com.au/cans/</u>

CAN	Date	Time	Venue	
Nhill	Wednesday 7 March	11.30 am - 1.00 pm	Nhill College or video conference from 26 Darlot St, Horsham	
Koorie	Thursday 8 March	11.00 am - 12.30 pm	Room C83, (Building C) Federation University, 289 Baillie St, Horsham	
Murtoa	Friday 9 March	9.00 am - 10.30 am	Murtoa College, Webb St, Murtoa	
Dimboola	Monday 19 March	9.45 am - 11.15 am	DMSC Fitness Centre, School Rd, Dimboola	
Horsham	Thursday 22 March	11.30 am - 1.00 pm	Room C83, (Building C) Federation University, 289 Baillie St, Horsham	
Edenhope	Monday 26 March	11.00 am - 12.30 pm	30 pm Edenhope College or video conference from 26 Darlot St, Horsham	
Warracknabeal*	Thursday 28 March	10.30 am - 12.00 pm	Room 11/12, Rural Northwest Health, 18 Dimboola Rd, Warracknabeal	

*A meeting of the Wimmera Drug Action Taskforce will be held on Thursday 28 March at 12 noon, immediately after the CAN meeting.

Backpacks wanted!

A team of students from Horsham's Satellite VCAL are working on a project called 'Help the Homeless' where they provide backpacks full of essential toiletry items and food goods to the homeless in Horsham. If you have any items that you'd like to donate, especially small backpacks, please call Melissa at the LLEN on Ph: 53 810 122 or you can drop items off at the LLEN office.



Free access to Horsham Aquatic Centre

Reading to your child increases

their 10

Enrol your child in swimming lessons for term 1 and have the summer on them.

Free access to Horsham Aquatic Centre pools all summer long. Call them for an easy over the phone enrolment call 5382 2576 or head to our website.



Storytime Pledge – Dr Alan Finkel

As part of his #StorytimePledge campaign, Australia's Chief Scientist, Dr Alan Finkel, challenged everyone to share a great book with a special child over the summer holidays.

If you missed this opportunity in the summer holidays, the next school holidays are just around the corner. Why not set yourself a goal to read to a child in the next holidays?

If you don't know any special young people, we have vacancies in our Reading Buddies rosters in schools around our region.

Reading Buddies read with children in a local primary school for an hour, one or more mornings a week for a school term.

Register your interest online at http://www. *llen.com.au/reading-buddies/* or contact us at Wimmera Southern Mallee LLEN to find our more. Phone 03 5381 0122 Email: info@llen.com.au





Name: Alan Finkel

I grew up to be: Australia's Chief Scientist

Recommended book: Goodnight Moon, by Margaret Wise Brown

Why: Lulling rhythms and captivating rhymes to put the crankiest toddler to sleep!

I pledge to read to: My 3-year-old grand nephew.

#StorytimePledge

New Federation University Skills Centre

Skills and Jobs Centre (FedUni TAFE) is now open and operational at our Horsham Campus.

Skills and Jobs Centres have been set up by the Victorian State Government - based in TAFEs across Victoria and are intended to act as the first port-of-call for the local community, providing expert advice on training and employment opportunities. The service is free and includes assistance such as:

- Help to enter the workforce, careers advice, help with job searching and assistance preparing resumes
- Apprenticeship and traineeship advice
- Finding and selecting quality training and training providers
- Assistance to re-skill
- Referral to welfare support and financial advice
- Assistance in using your existing skills to align to a new job or to undertake new training (Recognition of Prior Learning)
- Information on employment trends, areas with a shortage in skills and employment opportunities
- Assistance with career and training plans, identifying training gualifications that could be undertaken to make a successful career transition.

Expert staff are also able to provide services to employers to assist them in meeting their workforce needs.

More information about the S&JC can be found on The Department of Education and Training website

Contact:

Denise Hanaphy-Shearer

Training and Employment Advisor | Skills and Job Centre Federation University | Building C | SMB Campus | Horsham Campus

SKILLSAND N JOBS **CENTRE**

Free career and training advice with local knowledge for the local community.

- Employability skills workshops
- Skills review and advice
- Training advice
- Employer networking
- Local employment market information
- Barriers to employment and training explored

To book a time, or discuss services available, please call 03 5327 8008 or email skillsandjobs@federation.edu.au



PO Box 663 Ballarat Vic 3353 Telephone +61 3 5327 8008 d.hanaphy@federation.edu.au

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Accidental Counsellor

Training

Regardless of your profession or industry, it is highly likely you will encounter challenging or emotionally distressed individuals. Accidental counsellors <u>are</u> <u>not counsellors</u>, but find themselves in a 'counselling role' by accident as a result of conversations or requests from clients, colleagues, friends or others.

The Accidental Counsellor workshop aims to provide people with a range of practical and effective skills to "step into the shoes" of an accidental counsellor and be able to appropriately respond to and support clients when they are angry, distressed, or experiencing a challenging time.

You will learn to:

- Recognise signs of crisis
- Respond appropriately to someone in crisis using basic communication skills relevant to your role
- Use techniques to respond to aggressive or distressed clients and crisis situations
- Use basic suicide intervention skills
- Use support options & referrals
- Develop skills to maintain professional boundaries
- Develop self-care strategies and understand burnout and vicarious trauma

Program Details

Venue:	3/5 Laby Street, Ararat	
Date:	Tuesday April 17, 2018	
Time:	10:00am-2:30pm	
Cost:	\$100	
RSVP:	April 6 2018	
Lunch included.		
Handouts will be provided.		

Registration: If you are interested in attending please contact <u>melissa@cgllen.org.au</u> and also advise of any dietary requirements as lunch is provided. Payments or information on making a payment contact leonie@cgllen.org.au **Need more information? Contact Melissa P: 5352 3266**

RACV Great Victorian Bike Ride



Bring your school along on the perfect school camp with the RACV Great Victorian Bike Ride in 2018! Pedal & camp around the best scenery our state has on offer; make new friends, set and achieve ambitious goals and finish the year accomplished as a team! Don't miss out again, click to learn more.: <u>https://www.bicyclenetwork.com.au/rides-and-events/racv-great-victorian-bike-ride/community/schools/your-next-school-camp/</u>

What the students say...

"The best thing about the Great Vic Bike Ride is how everyone on the ride, even people you don't know are always willing to get behind you and help you get up that hill, fix your bike or just have a chat with you on the ride." Molly – Fitzroy High

Federation College

Ready for Work Program

2018 VET for Senior **Secondary Students**

Locations	Wimmera Campus (Horsham)	
Duration	Two terms	
Contact hours	1 day per week (Wednesdays) in Term 2 and Term 3, 9.30am – 3.15pm	
Application	Contact the VET Co-ordinator at your school for an application form	
National Course Code	SIT20416/22216VIC	
Entry Requirements		

Students need to be at least in Year 10 at the time of enrolment

Extra Requirements

Must complete a Language, Literacy and Numeracy Assessment and Pre-Training Review prior to enrolment. Attendance in November at the WSM VET Cluster Induction Day and a Unique Student Identifier (USI) number.

Career opportunities include:

Completion of Ready for Work programs will help students gain employment, including Australian Apprenticeships and Traineeships, or progress to further study.

Further study options

- **TAFE** Certificates
- **Higher Education Study**
- Apprenticeship or Traineeship
- Employment

1800 FED UNI

Set your path for employment or further education

Federation College prides itself on offering a suite of education options. Our programs provide learning opportunities with direct pathways to vocational programs, higher education entry into Federation University Australia and employment.

The Ready for Work Program creates pathways for at risk students in education, employment and training through the delivery of units from Australia wide recognised industry qualifications.

This program is aimed at 15 to 18 year olds currently at risk of leaving the education system permanently, or who are looking at undertaking a suite of vocational units that enhance their resume and future employment prospects. The program focusses on personal effectiveness, work readiness and 'hands-on' project based learning. Students are encouraged to make decisions that will promote positive outcomes and options for their future.

Contribution to VCAL/VCE:

VCAL - This program will enable students to gain credit for the compulsory Industry Specific Skills (ISS) strand of VCAL when 90 nominal hours VET training are achieved.

Assessment

Students are assessed through class activities, applied projects, demonstrations as well as group work. The course aims to provide a folio of certificates that enhance 'entry level' employment opportunities, in a hands-on practical matter.

Note: Students do not gain a full qualification and units from other training packages can be replaced or included by negotiation with Federation College.

federation.edu.au CRICOS Provider No. 00103D | RTO 4909







Example Units of Competency from:

Certificate II in Kitchen Operations | SIT20416 & Certificate II in Building & Construction | 22216VIC

Unit Code	Unit Name	Nominal Hours
SITHFAB005	Prepare and Serve Espresso Coffee	30
SITHFAB201	Provide Responsible Service of Alcohol	10
BSBWOR203	Work Effectively with Others	15
BSBCMM201A	Communicate in the Workplace	40
CPCCOHS1001A	Work Safely in the Construction Industry	6
SITXFSA001	Use Hygienic Practices for Food Safety	15
HLTAID003	Provide First Aid	18

Commencement of the program will be dependent on adequate student numbers for enrolment and funding. Programs and units of competency are subject to change prior to commencement.

This training is delivered with Victorian and Commonwealth Government funding to eligible individuals.

Call: 1800 333 864 Visit: federation.edu.au

Connect with FedUni on social media:



Wimmera Southern Mallee LLEN PO Box 841 Horsham www.llen.com.au



Disclaimer: Information contained in this brochure was correct at the time of printing (July 2017). Federation University Australia reserves the right to alter any program, procedure or fee, as deemed necessary. Prospective students should confirm program information by visiting federation.edu.au and vtac.edu.au or by contacting the University directly. The information contained in this brochure may not apply to international students. To find out more regarding International Education, please call +61 3 5327 9018. Produced by Federation University Australia, Marketing & Communications. Federation University Australia programs are delivered with Victorian and Commonwealth Government funding to eligible individuals. CRICOS Provider No. 00103D. National RTO Code: 4909. CC_180717





Wesley LifeForce Suicide Prevention Networks

Community Proposal Meeting

Date: Wednesday, 28th February 2018

- Location: Horsham Uniting Church 10 Pynsent St, Horsham VIC 3400
- **Time:** 6:00 8:00pm

Catering will be provided.

All interested community members are invited to a community meeting to discuss a proposal to form a suicide prevention community group in the Horsham area.

Live Stream

Please join my meeting from your computer, tablet or smartphone by clicking the link below:

https://global.gotomeeting.com/join/366051669

You can also dial in using your phone.

Australia (Toll Free): 1 800 191 358

Access Code: 366-051-669

Community suicide prevention networks play a key role in coordination, collaboration and resource exchange within a community and may therefore build a community's capacity as a foundation for the development of effective suicide prevention initiatives.

'Suicide prevention is a shared responsibility across the community, professional groups, and nongovernment and government agencies.'

'Living is for Everyone' framework.

For more information, contact

trisha.stephens@wesleymission.org.au or 0417 932 602

wesleymission.org.au

Do all the good you can because every life matters

PROFESSIONAL DEVELOPMENT FOR TEACHERS

ENCOUNTER 2018

ART IS invites you to participate in a professional development experience with a twist. Be part of the conversation and development of the work CHRIS 2.0, a play that's as physical and philosophical as it is fun! You don't want to miss this.

23-24 March 2018

Book via our website: artiswimmera.com/encounter



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Contributions to News You Can Use

Anyone wishing to contribute news or information about events, is welcome to submit articles for inclusion in the WSMLLEN Newsletter. Articles can be forwarded to info@llen.com.au

WSMLLEN reserves the right not to include items deemed to be incompatible with the purpose of the LLEN.

WSMLLEN Staff



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Wimmera Southern Mallee LLEN is a recognised Gold Skilled Workplace with 100% of our current staff having completed the Youth Mental Health first aid training. We highly recommend YMHFA training for everyone who works with young people.

To find out more about being a skilled MHFA workplace, or to apply for recognition for your organisation, go the Mental Health First Aid website. <u>https://mhfa.com.au/cms/mental-health-first-aid-skilled-workplace-in-itiative</u>

The Wimmera Southern Mallee LLEN Newsletter is sent electronically to over 300 people across the region.